

## Sashikala Ananth



*Sashikala Ananth is India's most renowned teacher of Vastu Shastra and an expert on Design, Space Clearing Techniques and Rituals. She is the author of "Vastu, the Classical Indian Science of Design", and also holds a degree in architecture. Sashikala has been working with this knowledge of Vastu Shastra for more than twenty years via intensive study of the classical texts, working with artisan communities and in her own work as a Temple Designer and Vastu Practitioner. Her film 'The Living Tradition - A Shilpi Speaks', based on the tradition of the 'Shilpi' (or sculptor), won a national award. Sashikala has also produced several books on Vaastu and Yoga Management, as well as texts on Iconometry. At present her career is focused on incorporating the Vastu Shastra's into modern dwellings and she continues to work as an international teacher of Vastu.*

### ABOUT THE COURSE

This certificate course is geared to train participants in major space clearing rituals and to achieve the necessary theoretical backbone of Indian philosophical understanding about the nature of 'things' and the principles of 'energy design'. The initial focus of the course is first on the individual, followed by the collective and finally with the 'divinity and eternity' we are all comprised of. It explores rituals used for space clearing and ground breaking ceremonies. The course is divided into 2 parts for easier understanding and is complimented by a CD-ROM. Sashikala's teachings include group discussion and interaction, meditation and yoga techniques, the use of transparencies, videos, music and experiential processes.